

Enjoy a gourmet snack, included on all our domestic and international flights



GOURMET BREAKFAST



Taganana Turkey croissant with braised turkey, cream cheese and dried tomato,

accompanied by an Oikos strawberry yogurt, a multi-grain biscuit and a Binter summer product/chocolate wafer biscuit.



Fresh fruit salad, brioche roll, cheese spread, La Irlandesa butter with sea salt from Lanzarote, El Masapé de la Gomera orange and papaya jam, your choice of

white or brown bread and a Binter summer product/chocolate wafer biscuit.



product/chocolate wafer biscuit.

by an Oikos strawberry yogurt, a multi-grain biscuit and a Binter summer



accompanied by Oikos strawberry yogurt and Binter gluten-free chocolate.



Fresh fruit salad, brioche roll, cheese spread, La Irlandesa butter with sea salt from Lanzarote, El Masapé de la Gomera fig jam, your choice of white or brown

bread and a Binter summer product/chocolate wafer biscuit.



product/chocolate wafer biscuit.

Croissant filled with quince jelly, cream cheese and sweet potato, accompanied

by an Oikos strawberry yogurt, a multi-grain biscuit and a Binter summer



wheat bread, and Binter chocolate.



*In addition to the bar service, breakfast includes coffee and tea and natural fresh banana and orange juice.

**These special meals do not contain gluten ingredients or foods, but they may contain traces of gluten. Not suitable for passengers with a wheat allergy.

GOURMET SNACK





bread and a Binter summer product/chocolate wafer biscuit.



Gluten Intolerant Snack 1** 2

chocolate.

GOURMET SNACK -pork not included 🔗

Canarian-style roasted pork leg, vegetable salad with tiger's milk and banana chutney

from the Canary Islands, smoked goat cheese El Tofio with dried apricots, hummus,

smoked salmon pâté, gluten-free breadsticks, gluten-free roll, and Binter gluten-free







Gluten Intolerant Snack 2**

Canarian-style roasted pork leg, tuna salad with potatoes, semi-cured goat

gluten-free breadsticks, gluten-free roll, and Binter gluten-free chocolate.

cheese El Tofio with raisins, hummus, Iberian pâté with Pedro Ximénez,

**These special meals do not contain gluten ingredients or foods, but they may contain traces of gluten. Not suitable for passengers with a wheat allergy.



Escaldón de gofio (gofio mixed with fish or meat broth), El Tofio smoked goat's

Vegetable salad with tiger's milk and banana chutney from the Canary Islands, El Tofio smoked goat's cheese with dried apricots, houmous, salmon pâté, gourmet rustic bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.

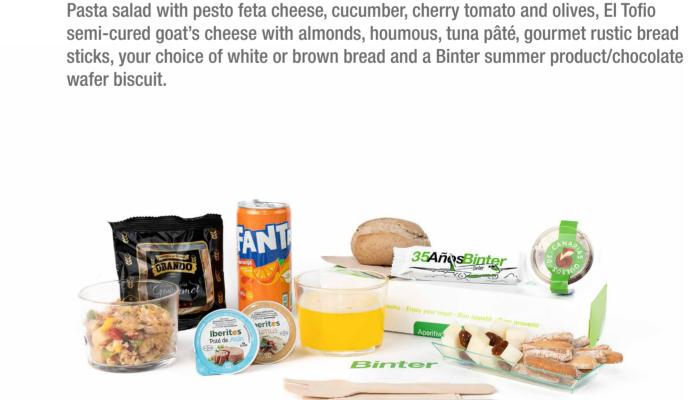
BINTERPEQUES

Los Gigantes €

La Sabina 🔗

Hot dog (turkey sausage), fresh fruit salad, mini Babybel cheese, ketchup,

mayonnaise and a Binter summer product/chocolate wafer biscuit.



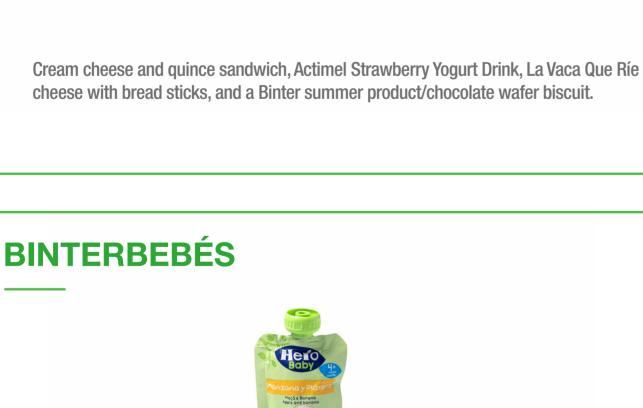
Tuna salpicon with potatoes, El Tofio semi-cured goat's cheese with raisins, houmous, tuna pâté, rustic gourmet bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.

Playa Jandía 🕏

Garajonay 🔊

Mini beef burger with Edam cheese, fresh fruit salad, mini Babybel cheese, ketchup,

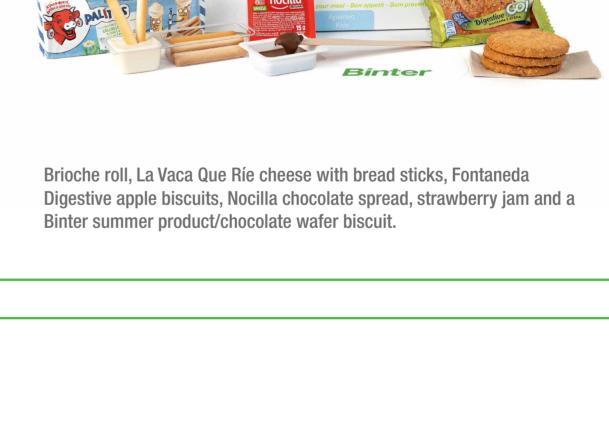
mayonnaise and a Binter summer product/chocolate wafer biscuit.



Allergen-free, 100% natural, Hero Baby banana and apple fruit pouch.

*All flights operated by Embraer 195 E2 include bar service, coffee and tea.

Binter



TAMADUSTE* GOURMET SNACK



Binter

Binter

Wrap with boiled egg, lettuce, red onion, sweet corn and curry chutney and a Binter summer product/chocolate wafer biscuit.

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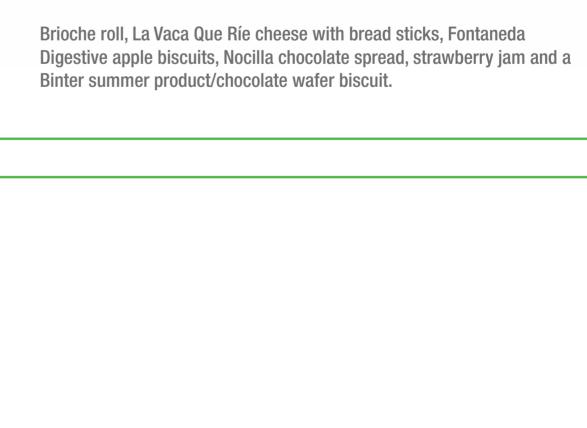


Binter

Gluten-free burger bun with Manchego cheese, sautéed onions, lettuce, and

Gluten Intolerant Snack 1**

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ATR 72



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Lacto-ovovegetarian Snack 2 (y)

Wrap with boiled egg, lettuce, red onion, sweet corn, and curry chutney.



Gluten-free burger bun with boiled egg, lettuce, red onion, sweet corn, and curry chutney. *Available on ATR 72 flights with orange-pineapple juice and water. Except EUN.

Gluten Intolerant Snack 2 ** 2

*Available on Embraer 195 E2 aircraft, on night flights, with beer, wine, soft drinks, coffee or tea, orange-pineapple juice and water. Except EUN.



BAR

tomato-honey chutney.



All drink images are indicative. Drinks of your choice subject to availability on board.