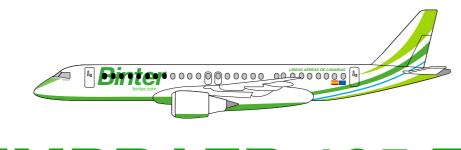


Enjoy a **gourmet snack**, included on all our domestic and international flights



EMBRAER 195 E2

GOURMET BREAKFAST



Taganana

Turkey croissant with braised turkey, cream cheese and dried tomato, accompanied by an Oikos strawberry yogurt, a multi-grain biscuit and a Binter summer product/chocolate wafer biscuit.



Arco de los Caletones

Fresh fruit salad, brioche roll, cheese spread, La Irlandesa butter with sea salt from Lanzarote, El Masapé de la Gomera orange and papaya jam, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.



Lacto-ovovegetarian Breakfast 1 (V)

Croissant filled with quince jelly, cream cheese and sweet potato, accompanied by an Oikos strawberry yogurt, a multi-grain biscuit and a Binter summer product/chocolate wafer biscuit.



Jameos

Fresh fruit salad, brioche roll, cheese spread, La Irlandesa butter with sea salt from Lanzarote, El Masapé de la Gomera fig jam, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.



Dunas de Maspalomas

Croissant filled with quince jelly, cream cheese and sweet potato, accompanied by an Oikos strawberry yogurt, a multi-grain biscuit and a Binter summer product/chocolate wafer biscuit.



Lacto-ovovegetarian Breakfast 2 (V)

Fresh fruit salad, milk bread, spreadable cheese, Lanzarote sea salt butter from La Irlandesa, El Masapé fig jam from La Gomera, choice of white or whole wheat bread, and Binter chocolate.

Gluten Free Breakfast 1 🖉

Oikos natural sweetened gluten-free yoghurt, gluten-free croissant, gluten-free cheese spread and Binter's gluten-free chocolate.

Gluten Free Breakfast 2 2

Gluten-free croissant, La Irlandesa butter with sea salt from Lanzarote (gluten-free), gluten-free strawberry jam, gluten-free bread roll, gluten-free

cheese spread and Binter's gluten-free chocolate.

*In addition to the bar service, breakfast includes coffee and tea and natural fresh banana and orange juice.

GOURMET SNACK



Roque Nublo

Canarian-style roasted pork leg, escaldón de gofio (gofio mixed with fish or meat broth), El Tofio smoked goat's cheese with date, La Irlandesa red mojo butter, gourmet rustic bread sticks, your choice of white or brown bread and a



Cañadas del Teide

Iberian lomo 50% fodder-fed, vegetable salad with tiger's milk and banana chutney from the Canary Islands, El Tofio smoked goat's cheese with peeled dried apricots, Iberian pâté with cherries, gourmet rustic bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.



Lacto-ovovegetarian Snack 1 (V)

Pasta salad with pesto feta cheese, cucumber, cherry tomatoes, and olives, smoked goat cheese El Tofio with dried apricots, hummus, gourmet rustic breadsticks, choice of white or whole wheat bread, and Binter chocolate.

Gluten Free Snack 1 2

Canarian-style roasted pork leg (gluten-free) or Iberian Salchichón (gluten-free), gluten-free Babybel cheese, gluten-free houmous, gluten-free smoked salmon pâté, gluten-free mini crunchy breadsticks, gluten-free bread roll and Binter's gluten-free chocolate.



Caldera de Taburiente

Iberian *salchichón*, tuna salpicon with potatoes, El Tofio semi-cured goat's cheese with raisins, Iberian pâté with a touch of Pedro Ximénez, gourmet rustic bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.



Playa del Inglés

Iberian ham 50% fodder-fed, pasta salad with pesto feta cheese, cucumber, cherry tomato and olives, El Tofio semi-cured goat's cheese with almonds, Iberian pâté with a touch of Pedro Ximénez, gourmet rustic bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.



Lacto-ovovegetarian Snack 2 🕑

Vegetable salad with tiger's milk and banana chutney from the Canary Islands, semi-cured goat cheese El Tofio with raisins, hummus, gourmet rustic breadsticks, choice of white or whole wheat bread, and Binter chocolate.

Gluten Free Snack 2 2

Canarian-style roasted pork leg (gluten-free) or Iberian Salchichón (gluten-free), gluten-free Babybel cheese, gluten-free houmous, gluten-free Iberian pâté with a touch of Pedro Ximénez, gluten-free mini crunchy breadsticks, gluten-free bread roll and Binter's gluten-free chocolate.

GOURMET SNACK -pork not included







La Sabina 🔗

Escaldón de gofio (gofio mixed with fish or meat broth), El Tofio smoked goat's cheese with date, La Irlandesa red mojo butter, salmon pâté, gourmet rustic bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.



Los Gigantes 🔊

Vegetable salad with tiger's milk and banana chutney from the Canary Islands, El Tofio smoked goat's cheese with dried apricots, houmous, salmon pâté, gourmet rustic bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.

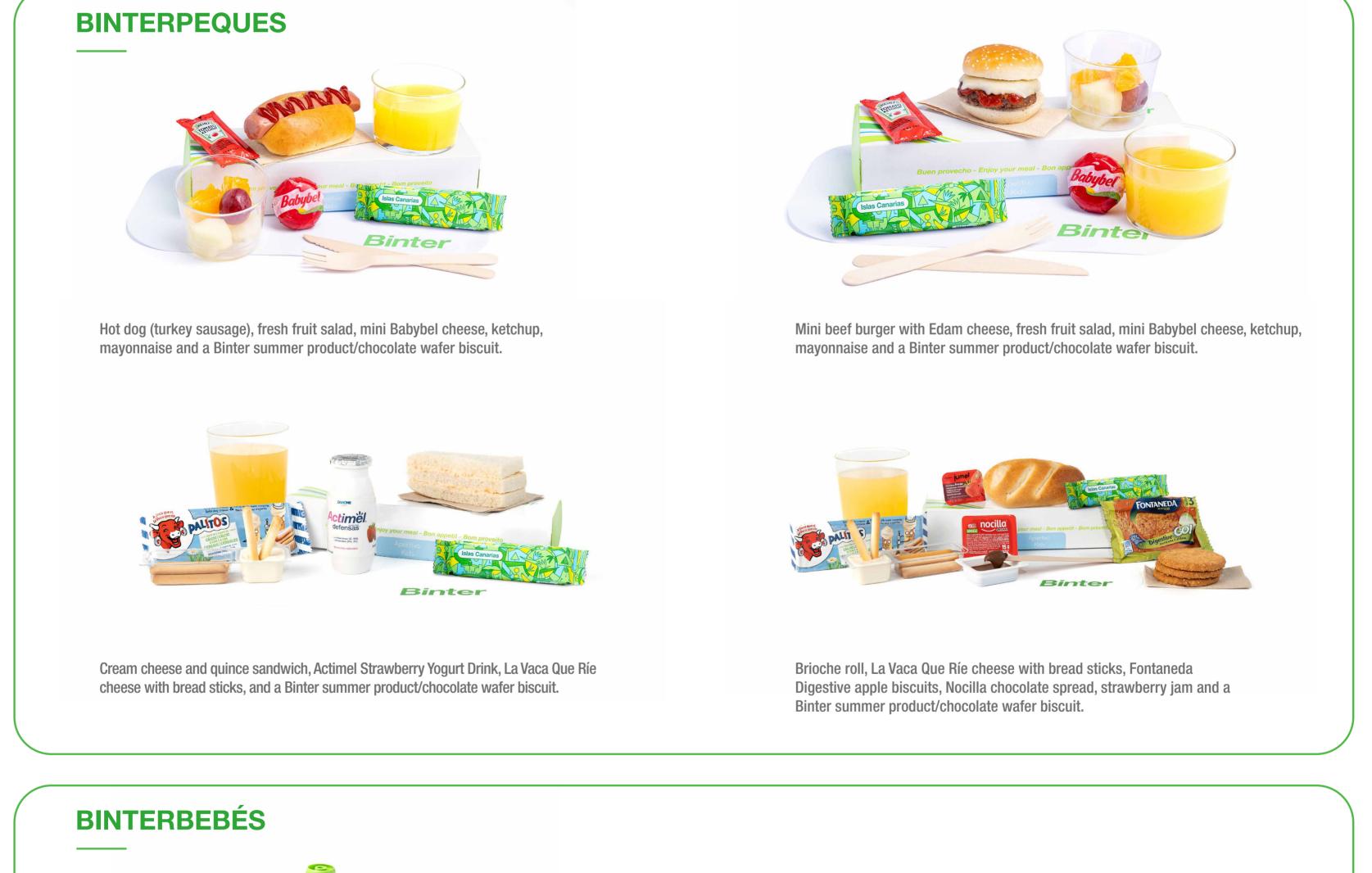
Garajonay 🖻

Pasta salad with pesto feta cheese, cucumber, cherry tomato and olives, El Tofio semi-cured goat's cheese with almonds, houmous, tuna pâté, gourmet rustic bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.



Playa Jandía 🖻

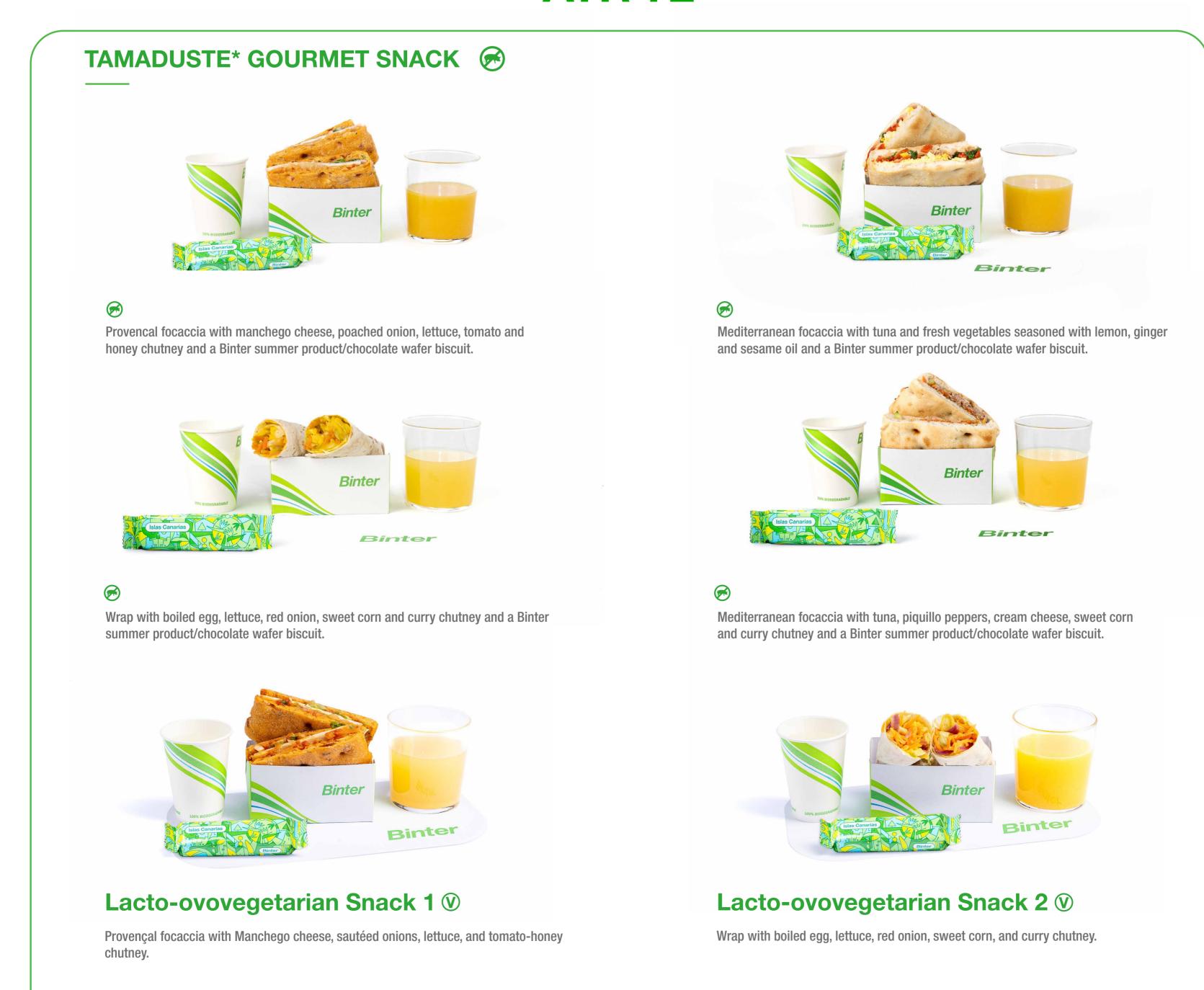
Tuna salpicon with potatoes, El Tofio semi-cured goat's cheese with raisins, houmous, tuna pâté, rustic gourmet bread sticks, your choice of white or brown bread and a Binter summer product/chocolate wafer biscuit.





Allergen-free, 100% natural, Hero Baby banana and apple fruit pouch.





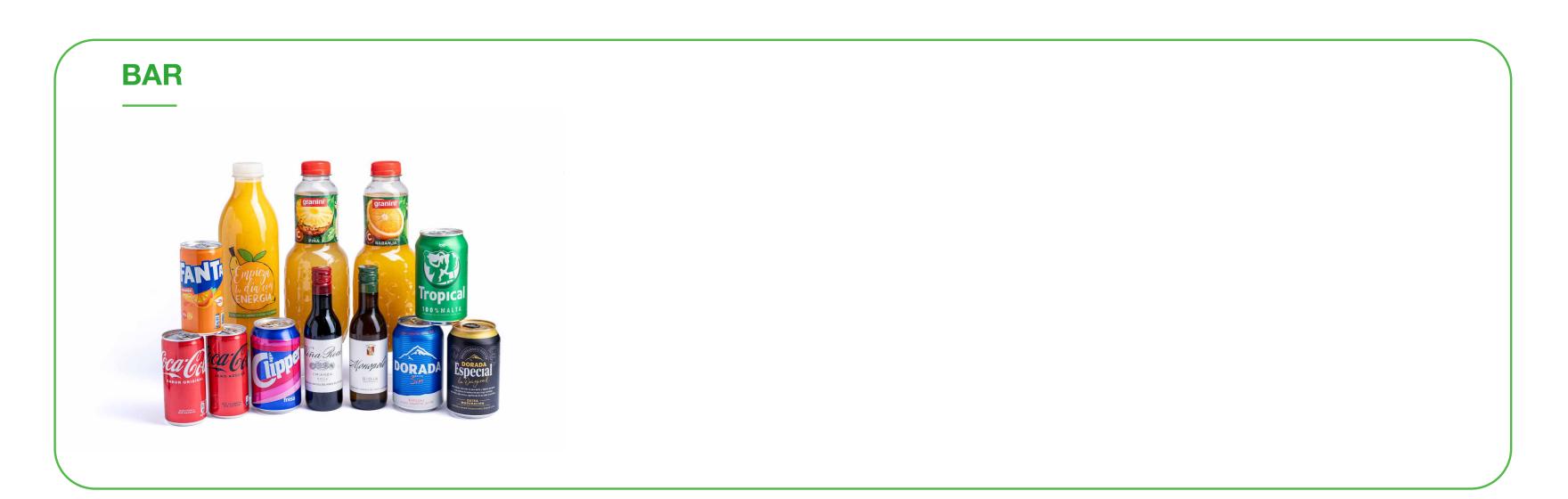
Gluten Free Snack 1

Gluten-free mini crunchy breadsticks, gluten-free houmous, gluten-free smoked salmon pâté and Binter's gluten-free chocolate

Gluten Free Snack 2 2

Gluten-free mini crunchy breadsticks, gluten-free houmous, gluten-free cheese spread and Binter's gluten-free chocolate

*Available on ATR 72 flights with orange-pineapple juice and water. Except EUN. *Available on Embraer 195 E2 aircraft, on night flights, with beer, wine, soft drinks, coffee or tea, orange-pineapple juice and water. Except EUN.



^{*} Snacks not available on inter-island flights.

^{*} Menus subject to change for operational reasons. Fresh products are rotated according to season.

^{*} Space restrictions may affect the availability of drinks during the flight. We apologize for any inconvenience caused.

All drink images are indicative. Drinks of your choice subject to availability on board.